

The Unwanted Gift of Unanswered Prayer

By Eleanor Shepherd



As the train sped through the French countryside in early February 2013, I spent my time praying for my son repeatedly. “Lord, You can do anything. Please keep John safe as he travels this weekend.”

I felt restless. I even doubted that God was hearing my prayers. But I was compelled to seek Him on behalf of my son.

That Sunday night we were traveling on the high-speed train from Valence, in the south of France, back to our home in Paris.

Although my body was in France, my mind and heart were in North America with our children. John, then studying in Boston, had driven to Montreal that weekend to attend a conference and visit his sister Elizabeth. I was worried because I knew road conditions could be treacherous in winter.

The next morning, during my morning prayer time at home, my heart tightened when the phone rang. Our daughter Elizabeth, calling from Montreal, said that John had been in a car accident. Stunned, I listened to her report. John’s vehicle had hit black ice and rolled over. His neck was broken from the impact. John was paralyzed.

My prayers had not been answered.

During the following months, a kaleidoscope of emotions jumbled together with questions. I tried to understand why God did not answer my prayer. What if I had prayed in a different way? What if my prayers had focused on surrendering to His sovereignty more than insistent pleading? Would it have made a difference?

Certainty in the Answer

All of us, at one time or another, have experienced unanswered prayer. We have poured our hearts out to God with a desired outcome, only to find God not answering the way we had hoped. Some of us struggle even now, trying to understand why God has not intervened and responded to a long-standing prayer of our hearts.

What provides a glimmer of hope for me is the way Jesus prayed, as recorded in Hebrews 4:15: “We do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin.”

As God, Jesus is sovereign, yet He also knows what it is like to contend with the challenges we face—even unanswered prayers.

I think of Jesus, kneeling in the Garden of Gethsemane (Mark 14:32–42). I note His transparency. He does not pretend that He easily embraces the suffering that threatens Him. He is honest and says to the Father, “If it is possible, don’t let this happen to me! Father, you can do anything. Don’t make me suffer by having me drink from this cup” (v. 36, CEV).

These words of Jesus take me back to my urgent prayers on that train in France. I had prayed that God would protect John from any harm that might come his way.

But Jesus concluded His prayer in the garden, telling His Father, “Do what you want, and not what I want.” Perhaps Jesus could say that because He had the absolute certainty that what the Father wanted was best for His Son—and for everyone impacted for all eternity.

In fact, after praying in the garden and then facing His accusers, Jesus was certain that the choice of the Father was the right one. When Peter drew a sword to defend His Master, Jesus confidently told Peter to put it away. Jesus confronted Peter with a question that revealed His determination: “Shall I not drink the cup the Father has given me?” (John 18:11). He spoke out of His clear-sighted understanding that this is the way it must be.

Faith-building in Unanswered Prayers

What can we learn from Jesus’ example about dealing with our “unanswered” prayers? We discover that unanswered prayers build faith.

One day Donna, my friend in another ministry, said to me, “Have you ever noticed that when a person comes to Christ, it seems like their prayers are answered so often, yet as they continue on their faith journey, the answers become less frequent?”

After further discussion, we concluded that this is one way the Lord enables Christians to grow in their faith. If all our prayers were answered without fail in just the way we desire, we would eventually take God for granted and fail to value all He does for us. We would be tempted to treat God like a vending machine, expecting to receive whatever we ask for. The result would be a shallow faith. In fact, we would be placing our faith in the effectiveness of our prayers rather than trusting God for whatever way He might choose to answer.

Understanding that God does not always answer the way we

expect Him to, forces us to go deeper. We then must ask ourselves hard questions: Have we lost our connection with Him? Does He have other plans for us? What is going on?

It forces us to intimately engage with God in even more fervent prayer.

Strength in Surrender

Questions and reflection teach us to trust confidently that God is in control of our lives, even if we do not understand what is happening. He always gives us a choice. We can hold onto our demands, or we can surrender them to Him and allow Him to work out all things for our good. The answers might not immediately bring happiness or satisfaction, but God always acts for our good (Rom. 8:28).

A statement I heard in a sermon once has remained with me: "You never know how much faith you have until it is tested." One way our faith is tested is that God doesn't always answer our prayers the way we believe He should. While it is evident that Jesus fully embraced the Father's will for Him, it wasn't easy. In fact, He struggled so intensely in Gethsemane that, according to Dr. Luke, His "sweat was like drops of blood falling to the ground" (Luke 22:44). As Jesus took upon Himself all our sins, He knew what was ahead: not only the agony of His torture and crucifixion but the fear of abandonment by His Father. He was saying yes to something beyond anything we can imagine.

Our yes to His will, even when it leads us to suffering, pales in comparison. Yet, like Jesus, we would prefer another option. God may not change the circumstances He permits, but He will not force us to accept that this is part of His will. Our strength is found in our relinquishment.

Answers in Time!

Now, more than 15 years after John's accident, adjustment to his new life as a quadriplegic has been extremely difficult. Some of my prayers have remained unanswered. Others not. After about eight years, John told me he had finally dealt with his anger over the accident. That was a huge answer to my prayers.

However, throughout his lengthy struggle to find employment, we did not find an answer as quickly. Three years after the accident John went back to school and completed his MBA from Harvard Business School. But a well-educated young man, finding himself seemingly unemployable because of physical limitations, needs huge amounts of courage to keep going each day.

God continues to answer this prayer. John has used his time profitably. He has scoured all the journals and books available about spinal cord injury. At his own expense, he developed an online program to help people with spinal cord injuries. Currently John is working to achieve the academic credentials needed to speak and to teach people with serious long-term diseases some ways they can live and thrive.

The Gift in Unanswered Prayer

Is unanswered prayer really a gift? At first it seemed like an unwanted gift, but after my initial disappointment in my prayers for John, I discovered something even greater. When we surrender our prayers—and the answers—to God, He uses the seemingly unanswered prayers:

- to develop faith
- to test that faith and refine us as our faith holds
- to discover that His strength is ours through our willing relinquishment to His sovereignty
- and to find our joy in His plans and purposes for us in our imperfect situations.

As difficult as it has been to go through this faith test surrounding John's accident, I'm learning that we can confidently ask God for the desires of our hearts, and we can rest assured that His answer, in His time, is part of His perfect plan for our lives.

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