

# Pray. Always. About Everything

Every year when I send my kids off to school, I give them notes with tips and “Mom advice” for the new school year. Some of these tips have been, “Say hello to someone new,” “Bring a smile to the room,” and “Work hard at whatever you are trying to accomplish.”

But included in every note is: “Pray. Always. About Everything.”

It doesn't matter what the situation, running it past God is always a good move. If you need to make a big decision or even a little decision—*pray*. If something seems questionable or sketchy—*pray*. It can be long and methodical or a quick little, “Guide me, Lord.” Either way is fine.

## ***Pray. Always. About Everything.***

I include these words at the end of every message of encouragement that I email to my older college kids and I say it when they are leaving on a trip. My hope is that the words will pop into their minds when they are at a crossroads, whether it's “Am I dating the right person?” or “Should I spend the extra money or save it?”

Sometimes we get wrapped up in our own thoughts and then stress about how we can handle making these decisions on our own. But we don't have to. God already knows the plan, so why not ask Him to guide you in the right direction?

Pray. Always. About Everything. And remind others to do the same.

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